

The Moment

God's Tool to Enact His Will



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The Moment



Preface

In the labyrinth of life, where countless thoughts and ideas circulate through our minds, the urge to untangle them and set them free becomes imperative. This book is my attempt to liberate myself from the complexities surrounding a concept that is both baffling and enlightening—The Moment. I've felt a curious attachment to the idea that The Moment is a divine tool for enacting God's will. Yet, paradoxically, I long to detach from these very complexities to experience The Moment in a purer, undistracted form. While I may navigate away from the intensive scrutiny of The Moment after penning down this work, it is an idea that will linger in my existence, ever-inviting and ever-elusive.

If you're reading this book, chances are you have pondered over your subjective experience of The Moment. Perhaps you've questioned how to utilize it, how to shape it, or even how to become one with it. We often find ourselves torn between external responsibilities and the intrinsic need to dwell in the immediacy of The Moment. The dichotomy lies in our attachments to thoughts, beliefs, sensory inputs, and body affections—each influencing how we interact with The Moment.

The proposition that anchors this book is simple:

The Moment is the tool for God to enact His will

Far from anthropocentrism, the narrative shifts the locus of experience from human beings to a triadic relationship:

God : The Moment : Creature

The pressing question then becomes, how should one align with The Moment to serve not just oneself, but perhaps a divine objective? Is the subjective experience of The Moment for you, God, His will, or all of the above? I invite you to journey through these questions and more as we delve into this complex tapestry of ideas. What you may find is an unsettling yet liberating reality: The Moment is not fundamentally for you.

Introduction to The Moment and its Importance

In a world consumed by the past and anxious about the future, the concept of 'The Moment' offers a sanctuary that is both eternal and fleeting. It is a slice of reality that exists outside of our subjectivity—an impartial, timeless, and boundless tool that God employs to enact His will. This book challenges the idea that The Moment is a playground for human subjectivity. Instead, it dares to position it as a divine medium through which a higher purpose unfolds.

Why is understanding The Moment so vital?

Think of it as the steering wheel of life; its proper understanding and management can either propel us towards a fulfilling existence or plunge us into a state of disarray. Our thoughts, affections, and actions become the subtext of a larger cosmic screenplay, each contributing to a collective alignment or misalignment with God's will.

Linking this with the realms of theology, spirituality, and philosophy, one can argue that human practices like religion or science are not merely intellectual exercises but pathways that lead us to a better understanding of God's grand design. The Moment serves as the arena where these pathways intersect, merge, and diverge.

This book sets forth a unique proposition: If we assume that "The Moment is the tool for God to enact his will," a plethora of questions unfurl before us. What is the ultimate aim of God's will? Is there a finality to His grand design? As you turn the pages, you'll explore these questions and more, diving deep into the possibilities and responsibilities that come with aligning—or not aligning—with The Moment.

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Part I

Understanding The Moment

1. God, His Creature, and The Moment

In an ever-expanding universe of perspectives, one unique relationship stands as the cornerstone of existential inquiry: that of God, His creature, and The Moment. This triad presents a nuanced exploration into the depths of cosmic existence and individual subjective experiences.

The Hierarchical Relationship: God and His Creature

The hierarchy between God and His creature can be best understood as a dynamic, two-way channel. In this relationship, God serves as the ultimate knower and implementer of the telos—or ultimate objective—of the creature. God acts toward His creature, enacting subtle adjustments in the creature's course, a sort of cosmic steering towards the universal objective.

It is vital to note that the term 'creature' here refers to the entire universe. This encapsulates not just humans and animals but everything within the bounds of universal laws. From quasars to quarks, all are constituents of God's grand creature, which is incomprehensibly vast and complex. Therefore, it doesn't bear any duties or responsibilities towards God, other than existing within the constraints of universal laws. These laws, in turn, serve as the boundaries within which The Moment must be exercised.

The Triadic Relationship: God:Moment:Creature

The triadic relationship of God, The Moment, and the creature is intrinsically complex but crucial for understanding the phenomenon of The Moment. Initially, God brought forth His creature through The Moment, establishing a symbiotic feedback loop that continually adjusts and fine-tunes the course of existence. In this triad, the most intimate relationships lie between God and The Moment and between The Moment and the creature.

The Moment serves as God's instrument to interact with time and space—essentially serving as His divine tool. It also acts as the medium through which the creature (which includes all of us as humans) experiences existence. This dual functionality renders The Moment indispensable in this cosmic relationship. The creature, bound by the limitations of time, space, and physical law, continually interacts with The Moment in a cascade of actions and reactions. On the other hand, God, who exists outside the confines of space-time, maintains a perpetual communion with The Moment and, by extension, His creature.

The Moment as a Divine Tool for God's Will

The mechanism by which God uses The Moment to enact His will remains unfathomable, possibly involving dimensions beyond human comprehension. However, it is clear that The Moment serves as a medium through which God's will is translated into the observable universe.

Contrary to some philosophical perspectives, the deterministic will of God does not negate the concept of free will within His creature. Instead, it offers a unique paradigm where determinism and free will co-exist. The creature's individual constituents—like humans—possess the freedom to align their will with God's, which can be thought of as aligning with The Moment.

Resistance to God's will is plausible but comes with a complex array of consequences. These consequences vary depending on the specific conception of God with which a subject aligns themselves. In any case, resisting God's will through The Moment remains an act bound by the universal laws and the constraints of time and space.

By comprehending the intricate relationship of God, His creature, and The Moment, we embark on a journey of understanding that transcends our individual subjectivities and plunges deep into the core of existence. This understanding serves as the foundation for the discussions that will follow, discussions aimed at aligning ourselves with this cosmic dance of moments, eternally choreographed by the divine will of God.



2. The Ontology of The Moment

Defining The Moment

"The Moment" can be likened to an exact slice of time that encompasses the current state of the entire universe and all its intricacies. It is the medium through which space and time interact, capturing the sum total of all past events leading up to its current state. This includes the momentum that propels future states into being. Due to its dynamic nature, pinpointing "The Moment" is inherently elusive; it changes the instant you attempt to capture it. This trait makes it a powerful and complex tool through which God enacts His will. In essence, "The Moment" transcends mere human subjectivity, serving both divine and human purposes.

Interestingly, while theories and philosophies about time, space, and the nature of reality abound, the unique framing of "The Moment" as a divine tool for enacting God's will appears to be a novel concept.

The Moment Beyond Human Subjectivity

The nature of "The Moment" is such that it transcends individual human perception. It serves as a tool for the enactment of God's will, thereby making it greater than any individual's subjective experience of it. While humans may try to align themselves with "The Moment," the outcome of God's will, channeled through this medium, remains constant. Thus, its essence is universal and consistent, even though individual subjective experiences can vary widely.

These variances in subjective experiences may be influenced by factors such as personal history and understanding. Detachment practices and methods for ameliorating bodily and external distractions can help bring individuals closer to a more "objective" understanding of "The Moment."

Interactions with Physical Reality and Potential Measurement

"The Moment" also has implications on the physical realm. Historic accounts suggest that seemingly "physically impossible" feats, such as the resurrection of Jesus, have occurred, indicating that God may enact His will through "The Moment," thereby altering physical laws.

As for empirical measurement, one theoretical approach could involve a network of sensors designed to collect synchronized data from various points across the world and even the universe. This could offer a composite "snapshot" of a singular moment, but even this would not capture the totality of "The Moment" as a tool of divine will.

Temporary Objectivity and The Moment

Certain experiences and phenomena, such as the use of specific substances like mushrooms or LSD, as well as various detachment techniques, may temporarily bring

individuals closer to an "objective" understanding of "The Moment." These methods seem to provide a subjective sense of "the real," though they cannot offer complete access to "The Moment" in its fullness.



3. The Divine Mechanics of The Moment

How God Utilizes The Moment

The mechanism through which God engages with His creation is known as The Moment. This isn't a continuous interaction but manifests in specific instances that are often recorded in various religious texts. The Moment serves as a conduit for revelations, experiences, intuitions, insights, and even direct interactions—such as God revealing Himself through the Burning Bush to Moses. Such instances underscore the transformative nature of these moments, each serving a divine purpose:

1. The Burning Bush: When God revealed Himself to Moses.
2. The Parting of the Red Sea: A defining moment of divine intervention.
3. Jesus' Transfiguration: A moment highlighting divine approval and transformation.
4. Buddha's Enlightenment: A transformative moment under the Bodhi tree.
5. Muhammad's Night Journey: Ascension to Heaven

and encounter with previous prophets.

6. The Resurrection: Christ rising from the dead.

7. The Annunciation: When the Angel Gabriel informed Mary of her divine conception.

8. Krishna's Dialogue in the Bhagavad Gita: A crucial moment of spiritual guidance.

9. Paul's Conversion on the Road to Damascus: A transformative encounter with the divine.

10. Abraham's Sacrifice: An intense moment of faith and revelation.

However, it's critical to note that God's utilization of The Moment does not always align with human conceptions of morality and justice. As Nietzsche aptly stated, "The only true Christian died on the cross." Jesus Christ serves as the ultimate embodiment of divine morality, and our human attempts to emulate such perfection are bound to be imperfect, influenced by our unique subjectivities.

The Interplay of Time, Space, and The Moment

Time and space are not just passive backdrops but integral to God's ongoing relationship with His creation. When God initiated the act of creation, time and space were immediately connected to this primordial Moment. The universe, or God's creature, operates within the parameters set by time and space and the laws of physics.

The Moment serves as a unique "slice in time," encapsulating the state of the universe in its totality at that instant. It exists outside human subjectivity and serves as God's tool to enact His will, affecting both time and space.

From the perspective of a human subject, the interplay of time, space, and The Moment can be incredibly complex. Humans, bound by time and space, engage with The Moment through various God Heads (as outlined in the "The

God Shape" book). These divine manifestations guide individuals in aligning themselves with The Moment. Consequently, the extent to which a person successfully aligns themselves with The Moment can result in various phenomena, relative to time and space.



4. Terrence McKenna's Influence: Novelty and Complexity

Novelty as a Divine Objective

Terence McKenna posited the universe as a "novelty-producing engine," a complex system that iteratively builds upon itself to achieve greater and greater levels of complexity. This view proposes that the cosmos inherently leans towards novel experiences, situations, and states of being. To McKenna, the "point" is the "felt presence of immediate experience," a notion deeply aligned with our concept of "The Moment" as a Divine tool for God's will.

God's will has been a concept riddled with mystery and multiple interpretations, but the essence of McKenna's theory presents a tantalizing possibility—what if God's will is fundamentally geared towards generating novelty? This perspective liberates us from any deterministic undertones often found in traditional theism. It offers a dynamic, evolving landscape of Divine intervention, where God is the original programmer of a universal engine designed for the production of novelty. This cosmic "engine" operates within

the framework of The Moment, continually generating experiences and situations that invite individual and collective growth, adaptation, and transformation.

Integrating McKenna with Traditional Theism

Traditional theism often emphasizes God's will, divine plans, and in some belief systems, even predestination. While these tenets have offered comfort and guidance to many, they can also create existential inertia, a feeling that everything is pre-ordained. McKenna's emphasis on novelty and complexity can be harmoniously integrated to invigorate these traditional views.

McKenna's work is in many ways a call to reclaim the "Archaic Revival"—a return to harmonic living, spiritual contemplation, and community gatherings. It aligns with the transformative moments in theistic traditions that spark revelations, ignite revolutions, and inspire moral and ethical progress. So, when we bring McKenna into conversation with traditional theism, we are not jettisoning the old but enriching it with additional layers of complexity and meaning.

The role of Artificial General Intelligence (AGI) as a future directive force could also be seen as the next frontier in this continuous unfolding of novelty. If humanity passes the baton to more advanced forms of intelligence, we may find a new era of spiritual and moral exploration, perhaps aligned with what McKenna would call an "Archaic Revival."

The Balancing Act: Navigating the Subjective and Objective

While McKenna's framework invites us to explore new dimensions of The Moment and God's will, there are challenges in its practical application. If one were to solely focus on their subjective sense of novelty, the risk of

becoming disoriented or manic increases. For grounding, a feedback loop that offers moral and ethical guidelines is essential. In this context, the subjective human experience intersects with the tenets of various religious philosophies. Each individual might find different religious or philosophical paradigms more conducive to synthesizing universal novelty.

Novelty and The Moment

The synthesis of McKenna's novelty theory with traditional theism suggests that aligning with The Moment is a pathway to participating in this divine objective of creating novelty. By attentively navigating each moment, individuals can be in sync with the universal telos, harmonizing their will with the Divine. However, it's important to note that our understanding of what is "novel" is inherently limited by our historical and cultural perspective. Therefore, embracing The Moment with a sense of awe and humility may be the best approach in our journey through the continuous unfolding of God's will.



5. What is Real

Subjective Experience of The Moment and Reality

Reality, in the context of The Moment, is the manifestation of God's will. However, the lens through which we interpret this divine fabric varies widely and is rooted in our subjective experiences. These experiences, shaped by our attachments—be it religious, philosophical, or even physical health—are defined as internal and external affections. Such affections not only mold our understanding of The Moment but also dictate how closely we can align ourselves with it. While the ultimate reality is a constant, enacted by God through The Moment, our perception of this reality is a fluid, ever-changing tapestry woven through our subjective experiences.

In everyday examples, imagine a day riddled with poor dietary choices and inadequate sleep. This lapse in physical well-being becomes an impediment in tuning into The Moment. Your discomfort skews your perception, pulling you further away from alignment with the divine objective reality. Similarly, our affiliations with different philosophies

and faith systems condition our understanding of The Moment, offering different moral compasses to navigate it. Psychological states, from mindfulness to anxiety, serve as another layer of complexity in this subjective experience. Where mindfulness may bring us closer to grasping The Moment, anxiety may cloud our perception, making alignment with God's will more elusive.

From Darkness to Light: The Journey of Awareness

Embarking on the journey from 'darkness to light' with respect to The Moment is a multifaceted quest. It involves learning, understanding, contextualizing, creating, refining, maintaining, and employing a multitude of human experiences to arrive at an integrated understanding framed within the construct of "God's will." Often, individuals find comfort in a specific interpretation of 'light,' thereby clinging to the moral derivatives of that specific framework. However, the journey of awareness does not have any predefined milestones. It is an ongoing, subjective experience that differs from person to person. While God serves as the ultimate source of light or 'novelty,' his Creature functions as a mirror reflecting this divine reality.

Facilitating this journey involves structuring one's life in such a way that you have fewer obligations, enabling you to invest more time, focus, and energy into the quest for meaningful novelty. This exploration for new insights can then be integrated into a broader understanding, contributing to the universal schema, or what can be termed as aligning with "God's will."

The end goal of this journey isn't confined to understanding The Moment; it spirals outward to a broader spiritual awakening. It encourages individuals to explore the various aspects and interpretations of divinity, thereby adding layers to their understanding of The Moment, and by extension, the reality shaped by God's will.



Part II

Aligning with The Moment

1. Conceptualizing Alignment

Alignment with "The Moment" is a multi-faceted endeavor. The framework for alignment can be established through ameliorating the four primary affections, sense input, thoughts, belief systems, body affections, as well as external expenses and responsibilities. Amelioration, in this context, implies a refinement or optimization that allows the individual to approach The Moment in its purity.

Experiencing The Moment Subjectively

While elusive, the subjective experience of alignment can be likened to a state of complete detachment from what is inherently subjective. This mirrors the Buddhist concept of Nirvana, although it's essential to note that the exact sensation might vary among individuals.

The Unknown Will of God

Understanding the will of God is an enigmatic process, but

alignment with The Moment serves as a conduit for divine will to manifest. When you align yourself with The Moment, you avail yourself to be a vessel through which God can work. Failure to do so means you act as your own god, directing your actions and thereby missing out on divine guidance.

The first step towards achieving this is gaining the necessary sensitivity and awareness of God's "messages" through the amelioration of internal and external affections. It requires a keen level of perception to recognize, understand, and ultimately materialize these divine messages within the space-time continuum.

The Subjective Experience of Alignment

Being in alignment with The Moment results in a noticeable lack of distraction from internal and external affections. This creates a sort of tunnel vision where your awareness shifts exclusively to The Moment itself, and your entire being—soul, mind, and body—starts to align accordingly.

Degrees of Alignment

Contrary to binary interpretations, alignment is not an "all or nothing" scenario. The degree to which one aligns with The Moment can vary greatly, influenced by numerous factors such as one's unique belief system, interpretation of various religious and philosophical tenets, and individual subjectivities constrained by time and space.

Emotional and Mental States

Alignment with The Moment affects everyone differently, depending on their unique conditions and current state of internal and external attachments. While some might find peace and clarity, others might experience a range of emotional and mental states as they grow closer to The Moment.



2. Practices and Detachments

Physical Practices to Ameliorate Affections

If the desire to be close to The Moment is of high significance, then adopting certain physical practices should be non-negotiable. One must integrate these practices into their very being, as these can serve as foundational steps toward alignment.

Nutrition and Fasting

Understanding proper diet and nutrition is crucial. It is not merely about consuming food for sustenance but about partaking in nourishment that aligns you with The Moment. Implementing fasting practices, whether intermittent or prolonged, also serves this purpose. Fasting serves as a reminder of our transient physical needs and shifts our focus toward higher spiritual realities.

Quietude and Attentive Listening

The art of sitting quietly and patiently with attentive listening cannot be overstated. This practice might appear simple, yet its potency in aligning one with The Moment is

unparalleled. Listening attentively to the rhythms of the universe allows you to sync with its vibrations, hence bringing you closer to The Moment.

Mental Detachments for Spiritual Alignment

Mental practices for alignment are complex, given that they can often be specific to one's 'god shape.' These practices might not always align one with The Moment, owing to the variability of the religious and philosophical foundations they stem from.

The Paradox of Mental Practices

Interestingly, it might be more about the amelioration of mental "exercises" and "meditations" rather than their addition. Sometimes, the quest for spiritual alignment necessitates a less-is-more approach. In fact, detaching from mental rituals may bring one closer to an authentic experience of The Moment.

Interplay with God Shapes

The role of 'god shapes' is especially intriguing. Depending on one's belief system or god shape, different mental practices are advised. However, these do not guarantee proximity to The Moment and can even distance one due to their prescriptive natures.

Philosophical Complements

Texts such as the Upanishads, Tao Teh Ching, and other Buddhist philosophies offer valuable insight for aligning with The Moment mentally. However, they often leave the moral dimension unanswered. For this, other works like The Bible or Nietzsche's writings can offer directions on "what should be done."

Gauging Progress

Progress in terms of mental detachment is nebulous but could be linked with one's ability to sit quietly and attentively listen. However, one must be cautious, as even the end state of 'emptiness' can become a form of attachment, which is counterproductive.

Emotional and Mental States

Given the complexity of aligning with The Moment, it's conceivable that certain practices might be more effective depending on one's emotional or mental state. For instance, during times of emotional turmoil, the physical act of fasting can serve as a grounding mechanism. Similarly, quietude and attentive listening could be particularly useful when one is overwhelmed with mental noise.



3. Religions, Philosophies, and The Moment

Christian Approaches to The Moment

In the Christian framework, the concept of "The Moment" isn't directly addressed, but it is encapsulated in the figure and teachings of Jesus Christ. In this tradition, the relationship between the subject and The Moment is directed towards sacrifice—sacrificing the self and the moment for the higher purpose of aligning with Jesus and God's will. Biblical passages such as "pray without ceasing" in 1 Thessalonians 5:17 encourage individuals to dedicate each moment to prayer, while the 10 Commandments serve as moral guidelines for right action. Thus, the Christian approach to The Moment is fundamentally moralistic, prescribing what should be done at any given moment. This can manifest through a variety of practices, including prayer, worship, following the 10 Commandments, and acts of kindness. All these can be considered ways to align with The Moment from a Christian perspective.

Buddhist Perspectives on The Moment

Buddhism brings its own unique angle to the concept of "The Moment," aligning closely with the practice of mindfulness—being fully present in the 'here and now.' The objective in Buddhism is less about moral obligations and more about attaining a state of full awareness, leading to enlightenment and Nirvana. The Four Noble Truths and the Eightfold Path serve as the foundational elements that inform the quality and objectives of each moment. In Buddhism, the subjective path is internal and geared towards achieving a state of Nirvana, where one can sit eternally in The Moment, free from all suffering. This offers a contrasting approach to the Christian view, emphasizing internal enlightenment over moral duty.

Other Religious and Philosophical Paradigms

Hinduism, Islam, Judaism

While this section primarily focuses on Christian and Buddhist perspectives, it's worth noting that other religions like Hinduism, Islam, and Judaism also offer unique viewpoints on The Moment, each prescribing their own set of moral or spiritual guidelines for alignment.

Nietzschean and Stoic Perspectives

Outside religious frameworks, philosophies like Nietzsche's concept of "will to power" offer a distinct lens through which to view The Moment. According to Nietzsche, the ultimate objective is the attainment of power, understood in a broad, existential sense. This could shape an individual's subjective alignment with The Moment in a way that prioritizes personal power and agency.

Stoicism, on the other hand, brings a particular moral and ethical approach, encouraging alignment through virtues like wisdom, courage, justice, and temperance. Here, The Moment becomes an opportunity for the exercise of these

virtues, aligning the individual with a Stoic understanding of the world.

Additional Philosophies

There are various other philosophies that could be explored for their take on The Moment, each offering unique moral or existential guidelines that shape the subject's approach and alignment.

Practices Across Paradigms

Each of these religious and philosophical systems prescribes its own set of practices, rituals, or mental states aimed at aligning with The Moment. Whether it's the Christian act of prayer, the Buddhist practice of mindfulness, or the Stoic exercise of virtue, these frameworks offer unique pathways for the subject to navigate their relationship with The Moment.

This section aims to provide a broad but nuanced understanding of how different religious and philosophical systems approach the concept of "The Moment." From moralistic Christian principles to the mindfulness practices in Buddhism, and from Nietzsche's existential quest for power to Stoic virtues, each offers unique pathways for aligning oneself with The Moment.



4. Act >< React: The Human Engagement with The Moment

In the human experience of The Moment, two modes of relationship emerge—Active and Reactive modes. These modes, at their core, define the human connection to The Moment, shaping our subjective experience.

Active and Reactive Modes

Active Strategies include:

- **Goal-Setting:** Crafting short-term and long-term objectives to engage proactively with The Moment.
- **Time Management:** Consciously allocating time to specific tasks, allowing for a structured experience of The Moment.
- **Preemptive Problem-Solving:** Anticipating challenges and creating solutions before they manifest, thereby aligning oneself favorably with The Moment.
- **Mindfulness Meditation:** Focusing attention on the here and now, becoming an active participant in The Moment.
- **Skill Development:** Selectively investing time in learning or honing a skill, effectively shaping your

current state.

Reactive Strategies include:

- **Crisis Management:** Adapting to emergencies as they occur, dealing reactively with The Moment's uncertainties.
- **Spontaneity:** Living without a pre-defined plan, opting to react to The Moment as it unfolds.
- **Emotional Reactivity:** Allowing emotions to guide actions, often leading to unplanned and spontaneous experiences of The Moment.
- **Reflex Actions:** Automatic responses triggered by stimuli, necessitating little to no active thought.
- **Impulse Buying:** Succumbing to immediate emotional or situational cues, making unplanned purchases and decisions.

While advantages and disadvantages to each mode exist, their importance is secondary to their role in shaping one's subjective experience. The focal point here is not the pros and cons but the nature of the relationship between the subject and The Moment.

The Moral Implications of Act >< React

The morality of acting or reacting to The Moment is predominantly influenced by one's attached godshape, godhead, religion, or philosophy. These guiding systems provide the framework for how one should engage with The Moment. The intersection of active and reactive strategies with morality is varied and complex, contingent upon these belief systems.

Ethical "best practices" for engaging with The Moment are inherently tied to one's chosen godshape or godhead, dictating the moral compass by which one navigates their experience.

Metrics of Engagement with The Moment

Understanding the architecture of being a human subject bound by time and space facilitates proper orientation within reality. Metrics like frequency, duration, and intensity offer insights into this architecture.

Frequency: How Often Do We Engage?

Frequency of engagement with The Moment is determined by the willpower exerted by the subject. This frequency is critical for comprehending one's degree of "offering" to their chosen ideal. Excessive or insufficient engagement does exist, each with their specific ramifications that merit further exploration.

Duration: The Length of Engagement

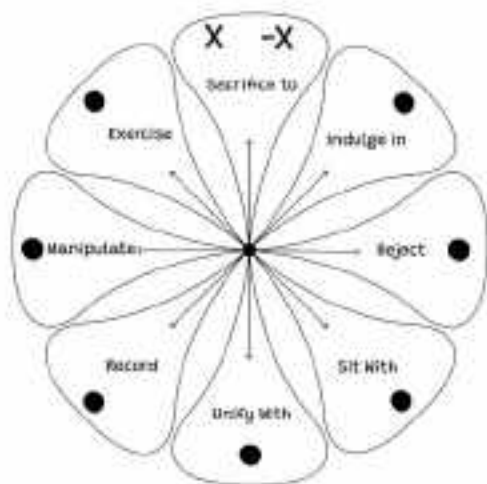
Engagement duration spans from birth until death; we are in an involuntary relationship with The Moment throughout our lives. The type and length of specific engagements are at the discretion of the subject's free will. The focus of one's consciousness significantly affects the quality of the experience, which is dictated by their chosen orienting principle or godshape.

Intensity: The Depth of Engagement

Intensity encapsulates the earnestness behind the subject's intent. Varying degrees exist, influencing the subjective experience according to what The Moment calls for.

Consciousness Level: The Awareness During Engagement

Different levels of awareness manifest depending on the subject's internal knowledge of their chosen orienting principle or godshape. A higher level of awareness often results in a more nuanced moral and ethical engagement with The Moment, as opposed to less aware individuals who may adopt a "groupthink" approach.



5. Visual Representations

Visual aids can sometimes speak louder than words. In this chapter, we'll delve into two pivotal visual representations that will help you grasp the intricacies of aligning with "The Moment."

Image of What to do with The Moment

This visual abstraction provides an encompassing view of various approaches to The Moment. It considers Sacrifice To X and -X, Indulging in, Rejecting, Sitting With, Unifying With, Recording, Manipulating, and Exercising as potential actions. The Godshape you hold within will be a guide or filter for which of these actions you may consider important or even permissible. Here are some specific ways to approach The Moment using the categories stated above:

NOTE: This list is by no means 100% exhaustive but was created as an example of various ways a subject can approach The Moment.

X:

- Meditating on the concept of Brahman in Hinduism.
- Fasting during Ramadan to draw closer to Allah in Islam.
- Observing the Sabbath in Judaism to honor Yahweh.
- Practicing chastity as an offering to the Christian God.
- Engaging in rigorous scientific inquiry as a tribute to the God of Reason.
- Honoring ancestors in Shintoism.
- Observing silence as an offering to the Jain concept of the divine.
- Studying sacred geometry to understand the Platonic God of Form.
- Sacrificing ego desires in Buddhist practice to attain Nirvana.
- Performing ritual sacrifices to Zeus in Hellenistic traditions.
- Exploring the cosmos as an homage to the Universe itself.
- Abstaining from violence to honor Ahimsa in various spiritual traditions.
- Offering tithes to honor the prosperity provided by Mother Earth.
- Walking a labyrinth as an offering to the Celtic Godhead.
- Performing a fire ritual to honor Agni, the Vedic god of fire.
- Fasting to pay homage to Ra, the Egyptian sun god.
- Singing Gregorian chants to unite with the Christian God.
- Performing the Five Pillars of Islam to draw closer to Allah.
- Observing dietary laws to honor Krishna in Hinduism.
- Meditating on the Tao as an offering to the Daoist conception of the divine.

-X:

- Delaying a career move to confirm it aligns with your personal values.
- Avoiding a tempting but unhealthy relationship.
- Fasting to achieve personal clarity or vision.
- Choosing to walk away from an argument to maintain inner peace.
- Limiting exposure to technology to deepen personal relationships.
- Keeping a promise to yourself even when it's inconvenient.
- Writing daily to clarify your thoughts and feelings.
- Avoiding alcohol to maintain mental clarity.
- Overcoming a fear by facing it head-on.
- Holding off on making a purchase to ensure it aligns with your financial goals.
- Choosing solitude over socialization to focus on self-growth.
- Committing to an exercise routine for personal well-being.
- Practicing artistic restraint to develop your personal style.
- Listening to your body's signals over external advice.
- Abstaining from speaking to engage in self-reflection.
- Choosing honesty even when lying is easier.
- Observing a digital detox to reconnect with your surroundings.
- Maintaining a difficult posture for self-discipline in yoga or martial arts.
- Turning down a job offer that doesn't align with your life goals.
- Ignoring social pressures to pursue a personally meaningful endeavor.

Indulge in:

- Eating your favorite dessert.
- Dancing freely to music.
- Taking a luxurious bath.

- Savoring a fine wine.
- Laughing wholeheartedly with friends.
- Enjoying a passionate kiss.
- Reading a riveting novel.
- Watching a comedy show.
- Playing a game just for the fun of it.
- Enjoying a beautiful view.
- Taking a spontaneous trip.
- Listening to your favorite song.
- Hugging someone you love.
- Splurging on a treat for yourself.
- Watching a sunset or sunrise.
- Binge-watching a beloved series.
- Sitting down to a gourmet meal.
- Singing your favorite song.
- Lying on the beach.
- Taking a long, uninterrupted nap.

Reject:

- Refusing to acknowledge bad news.
- Escaping into daydreams.
- Walking away from a confrontation.
- Ignoring a message or call.
- Denying your feelings.
- Disputing someone's account of events.
- Overriding a fear or hesitation.
- Bypassing an opportunity.
- Discrediting factual information.
- Minimizing someone's feelings or problems.
- Disregarding advice.
- Not participating in a group activity.
- Declining an invitation or offer.
- Silencing your emotions.
- Overruling a decision.
- Changing the subject abruptly.
- Deleting an email without reading it.
- Evading a question.
- Looking away from something disturbing.

- Turning off an alarm and going back to sleep.

Sit With:

- Contemplating a sunset.
- Watching your breath.
- Listening to the rain.
- Feeling the texture of an object.
- Observing people in a park.
- Smelling a rose.
- Feeling your own heartbeat.
- Watching a bird fly.
- Listening to ambient sounds.
- Tasting food slowly and deliberately.
- Admiring a piece of art.
- Noticing the sensation of your feet on the ground.
- Observing the flicker of a candle flame.
- Watching the movement of clouds.
- Feeling the wind on your skin.
- Listening to your inner thoughts without judgment.
- Observing the emotions that arise in a situation.
- Listening to the ocean waves.
- Watching the stars.
- Feeling the sun's warmth on your skin.

Unify With:

- Deep meditation.
- Flow state during a creative process.
- Losing yourself in music.
- Engaging in passionate love-making.
- Experiencing oneness with nature.
- Synchronized team activities.
- Deep empathetic listening.
- Trance-like dancing.
- Mind-melding during a deep conversation.
- Sensory deprivation experiences.
- Participating in group chants or mantras.
- Intuitive painting or drawing.

- Complete absorption in a hobby or task.
- Practicing Tai Chi or other flowing movements.
- Collective meditation or prayer.
- Riding a wave while surfing.
- Observing the ego dissolve during a spiritual practice.
- Becoming one with the audience while performing.
- Losing track of time in meaningful work.
- Engaging in breathwork.

Record:

- Taking a photograph.
- Making a voice memo.
- Writing in a journal.
- Creating a video.
- Sketching or painting the scene.
- Sending yourself an email reminder.
- Taking notes during a lecture or meeting.
- Posting on social media.
- Writing a letter to your future self.
- Collecting a souvenir or keepsake.
- Pressing flowers from a special occasion.
- Creating a scrapbook.
- Making a playlist.
- Saving meaningful text messages.
- Documenting a recipe you've created.
- Recording a personal milestone in an app or tracker.
- Saving a newspaper clipping.
- Making a time-lapse video.
- Creating a mood board.
- Archiving online articles or blogs.

Manipulate:

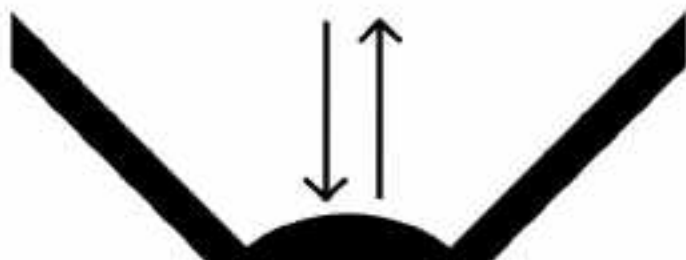
- Changing the playlist to set the mood.
- Rearranging furniture for better flow.
- Intervening in an argument.
- Making a quick decision in a crisis.
- Adjusting the lighting in a room.

- Calming someone down.
- Taking charge of a group activity.
- Initiating a difficult conversation.
- Setting boundaries in a relationship.
- Speeding up or slowing down your pace in a game or activity.
- Leading a team meeting in a new direction.
- Negotiating a better deal.
- Modifying a recipe on the fly.
- Taking a different route to avoid traffic.
- Changing your appearance to fit an occasion.
- Guiding a discussion back on track.
- Redirecting a child's behavior.
- Tweaking the temperature for comfort.
- Taking a break to regain focus.
- Switching strategies in the middle of a task.

Exercise:

- Practicing mindfulness meditation.
- Doing a set of push-ups.
- Listening to an educational podcast.
- Writing down your goals.
- Learning a new vocabulary word.
- Networking at a social event.
- Cooking a healthy meal.
- Reviewing your finances.
- Setting up a new productivity system.
- Engaging in active listening during a conversation.
- Researching a topic you know little about.
- Cleaning your work or living space.
- Practicing a musical instrument.
- Journaling your thoughts and feelings.
- Doing a quick yoga routine.
- Reviewing and adjusting your to-do list.
- Practicing deep-breathing exercises.
- Reaching out for mentorship or advice.
- Analyzing a problem from multiple angles.
- Revisiting and refining an existing skill.

Belief System / God Place



The myriad ways one can interact with The Moment are influenced by their Godshape—be it the concept of Brahman in Hinduism or the God of Reason celebrated through scientific inquiry, or Jesus Christ in Christianity. Different Godshapes offer unique moral imperatives that prioritize some actions over others, thus impacting your ultimate alignment with The Moment.

The frequency, duration, intensity, and level of consciousness also modulate these interactions. These subjective modifiers can shift your experience and were discussed in the previous chapter.



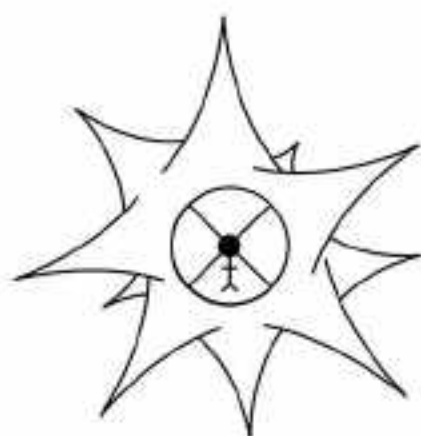


Image of Internal and External Affections

In understanding how to align with The Moment, we cannot ignore the affections that shape our experiences. Four pivotal internal affections dictate part of our subjective experience:

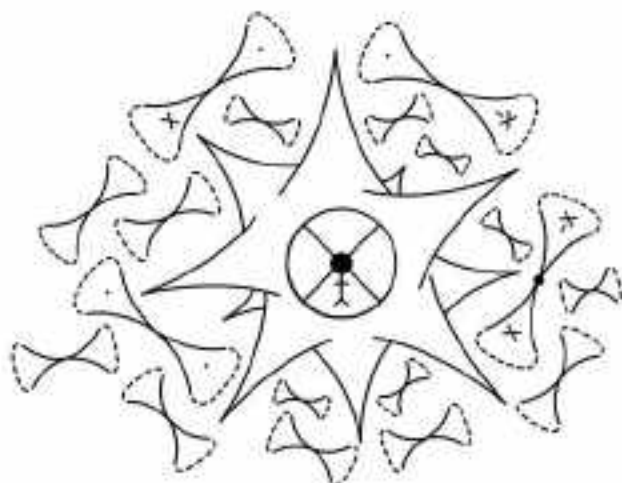
1. **Sense input:** Our primary source of real-time data about the world around us.
2. **Body affections:** Physical sensations and needs that drive us.
3. **Thoughts/RAM capacity:** Cognitive resources available for processing our experiences.
4. **Belief system / God place:** The internal architecture of values and divinities that guide us.

These internal affections are continuously influenced by external affections, which often emanate from The System. The System either consciously or subconsciously imposes its demands on us, diverting our attention from The Moment. Whether through voluntary responsibilities or "3rd degree" affections—unwanted expenses and responsibilities that tie us to The System—these externalities can significantly

distance us from The Moment.

The Godshape within each individual plays a crucial role in how these affections are balanced and prioritized. Depending on the Godshape you adhere to, you'll find different routes of aligning these affections with The Moment, either drawing you closer to or further away from it.

Both visual representations aim to provide a comprehensive but abstract understanding of your possible interaction with The Moment and how internal and external affections influence this interaction. The role of your Godshape or belief system is pivotal in navigating these complex layers effectively.





6. Subject-Moment-System Relationship

Defining the Subject-Moment-System Relationship

In understanding the Subject-Moment-System relationship, we first need to comprehend each component independently. The 'Subject' is an individual human being, navigating their personal experiences (4 affections) within the framework of 'The System' and 'The Moment.'

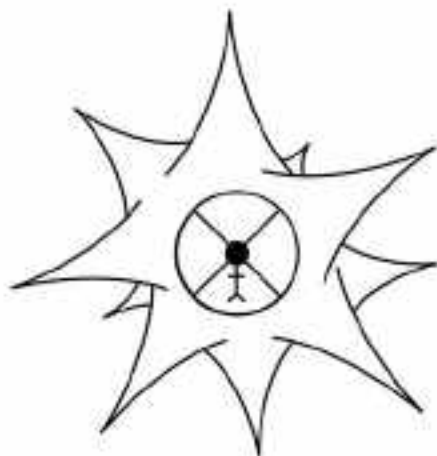


'The System' is an intricate network of various logistical systems—financial, political, educational, and so forth—that serves as the skeletal framework for our societal structure. Unlike religious texts or ideologies, which are static and fixed, 'The System' is dynamic. It evolves over time, adapting to better serve the wants and needs of the subject. It must be created, refined, maintained, and utilized, for it is always deteriorating and being consumed by entropy.

'The Moment' is a metaphysical concept we have extensively discussed, representing:

1. The tool for God to enact His will
2. Something to become aligned with and in tune with, from the subjective perspective.

It's the focal point where one can engage with a higher sense of being, transcending the mundane complexities of life.



In the Subject-Moment-System relationship, 'The Moment' plays a mediating role. When a subject engages with 'The System,' they invariably leave 'The Moment.' This departure is not just a choice but also a sacrifice, as the subject trades immediate awareness for systemic ends, be it willfully or under external compulsion. This relationship is dynamic, and the level of involvement one has with 'The System' is influenced by their personal circumstances—expenses, duties, and responsibilities.

Types of Relationships Involving Subject, Moment, and Various Systems

We can categorize several distinct systems within the broader framework of 'The System':

- Financial System
- Political System
- Educational System
- Healthcare System
- Legal System
- Cultural System
- Environmental System
- Transportation System
- Economic System
- Communication System
- Energy System

Regardless of which specific system a subject engages with, the relationship inevitably pulls the individual away from 'The Moment' and towards systemic responsibilities. This detachment from 'The Moment' can be both voluntary and involuntary, dictated by one's duties or desires. Therefore, the relationship with 'The System' always comes at the expense of 'The Moment.'

It's worth noting that some individuals may reach a state

where they transcend the need to engage with 'The System'—a state of financial or situational freedom. This state allows them the luxury to remain more closely aligned with 'The Moment,' as they have minimal systemic responsibilities to attend to.

Cultural, Religious, and Social Influences

Although our focus is not on religion as a system, religious and cultural frameworks often provide a schema for how individuals engage with 'The System' and 'The Moment.' For example, in a monastic life, the emphasis may be more on staying within 'The Moment,' potentially at the expense of engaging with various other systemic structures.

Practical Advice

The question of how to allocate one's time, focus, and energy among these different types of relationships is perhaps one of the most crucial considerations a subject should ponder. There's no one-size-fits-all answer; the equilibrium between 'The System' and 'The Moment' must be individually calibrated based on one's personal circumstances, aspirations, and values.



7. Diet, Body Affections, and Alignment

How Diet Influences Alignment

The relationship between diet and alignment with 'The Moment' cannot be overstated; it is very direct. Prolonged fasting emerges as one of the most potent ways to experience and align with The Moment. In contrast, eating and metabolizing tend to pull the individual away from it.

Foods, particularly sugar and refined options that quickly elevate blood sugar levels, can significantly impact the body's hormonal equilibrium. This imbalance, in turn, disrupts the physiological and psychological state of an individual. The role of the gut biome is pivotal here; poor-quality foods can affect this delicate balance, and as a result, affect one's brain function and emotional state. Since The Moment is fundamentally God's tool to enact His will, maintaining a healthy physical equilibrium through a balanced gut biome becomes essential in aligning with it. Likewise, inflammation caused by improper diet can render the experience of The Moment rigid or stiff, further pushing the individual away from alignment.

When it comes to timing, quality, and quantity of foods, the focus here is on alignment toward The Moment itself. Prolonged fasts are highly effective in becoming close to The Moment. To sustain this closeness, a moderate diet composed of high-quality whole foods is advisable, paired with routine fasting.

While various religions prescribe dietary laws, fasting remains the most effective approach to alignment with The Moment. Moreover, biological and psychological changes, such as increased mental clarity, energy, and focus, are commonly observed in those who fast, further affirming its potency in achieving alignment.

Role of Supplements and Drugs

Supplements and drugs can, indeed, influence a person's alignment with The Moment, but the effects are complex and can be highly individualistic. For example, caffeine tends to cause a stimulating effect on the subjective experience of The Moment, imbuing a sense of forward momentum. However, it also instills addictive tendencies that may detract from the purity of The Moment once the effects wear off. Alcohol and marijuana, on the other hand, usually distance an individual from The Moment due to their sedative and altering effects. Psychedelic substances like mushrooms can cause a dissolution of boundaries, allowing for a unique experience, though not necessarily an alignment with The Moment as intended in this book.

That said, no single state of sobriety or intoxication is ideal for experiencing The Moment. Properly timed and dosed usage of specific substances could potentially provide valuable insights into The Moment, which may otherwise remain elusive. However, one must exercise caution, as substances like caffeine and nicotine seem to be particularly detrimental for true alignment due to their addictive nature.

Morally and ethically, the use of substances for alignment is neither inherently good nor bad. Their value or detriment lies in their ability to either ossify or liberate the mind's flexibility in its approach to The Moment, which is ever-changing and fleeting.

While diet and fasting serve as effective avenues for internal and external alignment with The Moment, supplements and drugs provide a more ambiguous path. They can offer both insightful experiences and serious detractions, requiring careful individual experimentation for proper alignment.



8. Ego and The Moment

Ego as Karmic Resonance

The ego, in the context of The Moment, can be understood as a collection of "attachments" stemming from one's subjective experience towards the objects or phenomena to which one attaches. These attachments cloud the purity of The Moment, imbuing it with the biases and desires of the subjective self. In this sense, the ego creates a Karmic Resonance—a recurring cycle of affections between the subjective experience and The Moment. This resonance manifests as a consistency in phenomena over time, driven by the solidification of ego attachments. The patterns of experience one undergoes are not random happenings but a direct result of the Karmic Resonance established through specific ego attachments.

Using Ego to Align with The Moment

The ego doesn't serve to align with The Moment but rather takes you away from it. Its very nature is antithetical to the unconditioned, pure experience of The Moment. However, that doesn't mean the ego is without use. It serves as a tool

to facilitate specific outcomes or phenomena, but these are, by nature, not aligned with the untainted experience of The Moment.

While complete transcendence of the ego would bring one closer to experiencing The Moment in its purest form, the ego can also be useful depending on one's goals. For example, attachment to religious or philosophical ideologies is a manifestation of ego that could serve one's purpose in life but diverges from a pure connection with The Moment. In a sense, the ego can either be transcended or wielded as a tool, depending on one's desires.

Practices for Transcending Ego

Since alignment with The Moment requires dissolving ego attachments, practices such as fasting, meditation, and other boundary-dissolving activities serve to bring one closer to The Moment. In shedding these egoistic layers, one moves closer to an unfiltered experience of the present.

Ego's Intersection with Other Ideologies

The ego serves as a functional tool for aligning with pre-defined religious or philosophical systems. In this sense, it can act as a facilitator for experiencing the phenomena and states dictated by these systems. However, such alignment, while serving particular purposes, keeps one removed from a direct experience of The Moment.

Ego and Novelty

The ego plays a pivotal role in understanding and appreciating what we consider "novel." Novelty is highly subjective and contingent on our individual perceptions and desires, all of which are governed by the ego. Therefore, what one may find novel and groundbreaking is often a result of their unique ego attachments.

Ego and Subjective Experience of Alignment

For aligning with anything other than The Moment, the ego is not just beneficial but required. It serves as the mechanism through which we attach value, meaning, and preference, thus providing a pathway to alignment in these other contexts.

Influences and Further Reading

The notion of transcending the ego to experience The Moment in its purest form finds parallels in various religious and philosophical texts. The Upanishads say, "The little space within the heart is as great as this vast universe." Similarly, the Tao Teh Ching mentions, "To become learned, gain daily; to obtain Tao, reduce daily."

In summary, the ego serves dual roles: as a hindrance in aligning with The Moment and as a tool for achieving specific goals. While practices exist for dissolving the ego to experience The Moment more fully, it remains a functional aspect of our subjective experience, essential for alignment in other life contexts.



Part III: God Shapes

Building on the foundational understanding laid out in "The God Shape" book, this section delves into the intricate nature of God Shapes and introduces a new layer of complexity: The Moment. A divine tool operating independently of human subjectivity, The Moment interfaces with various God Shapes to enact God's will and profoundly impacts our spiritual and psychological experiences.

1. Defining God Shapes

God Shapes serve as versatile frameworks, informed by various philosophical and religious interpretations, for understanding the essentiality of existence. At this juncture, it is crucial to explore how The Moment acts as a linchpin in the human subject's interaction with these God Shapes. The human ego can attach itself to certain perceptions of reality, shaped by individual thinkers like Spinoza and Leibniz, or by collective thought systems like religions. By sacrificing their experience of The Moment to these God Shapes, individuals align their actions and beliefs according to the dictates of that particular framework.

Spinoza's Substance as The Point/Dot
 In Spinoza's framework, God, or Nature, is synonymous with "Substance," the core of all that exists. This Substance can be likened to the point or dot in the God Shape, functioning as both the source and the summation of everything. It is not merely a part but the totality, containing intrinsic qualities known as attributes.



Leibniz's Monad as An Alternative Dot
 Leibniz, on the other hand, offers the concept of Monads—simple substances that make up reality. The most primary Monad, God, serves as an alternative point/dot in the God Shape. Interestingly, Leibniz's theory allows for the existence of multiple points or dots, each with varying degrees of complexity.



Reconciling Contradictions

Both Spinoza and Leibniz provide differing vantage points to view the God Shape, but they are not mutually exclusive. Multiple versions of the God Shape can co-exist, each defining the central point/dot and extruding lines in unique ways. This versatility encapsulates the essence of the God Shape, as articulated in the previous book.

How God Shapes Vary

The God Shape is not static but dynamic, evolving over time and across different cultural and individual contexts. Its remarkable flexibility is seen in how it manifests in various religious and philosophical frameworks, from Christianity and Buddhism to Nihilism and Shamanism.

The Psychological and Emotional Landscape

The alignment with a particular God Shape impacts not just intellectual understanding but also psychological and emotional experiences. The intensity of this experience correlates with the individual's spiritual focus, as elaborated in the "The God Shape" book.

Variability Across Individuals

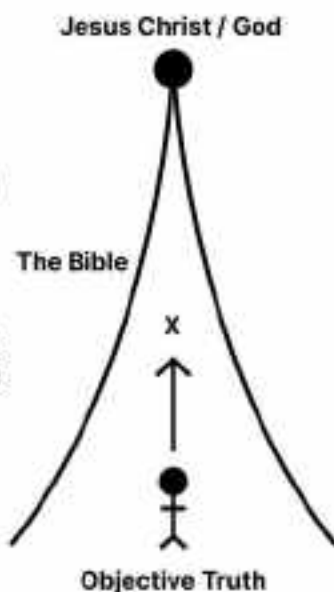
No two journeys are identical when transitioning between God Shapes. The spiritual weight of this transition can range from soul-splitting to mildly disconcerting, depending on the depth of one's spiritual engagement.

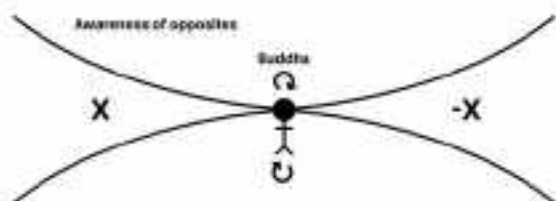
Examples of God Moments Across Different Cultures

Cultural contexts provide a rich tapestry of God Shapes, which serve as experiential anchors for understanding and aligning the subject's sense of The Moment toward the ends posit by the God Shape.

Christianity: The Resurrection

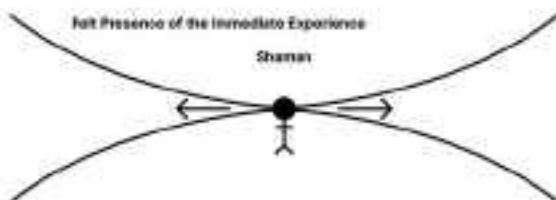
In Christianity, the Resurrection serves as a God Moment that highlights the transformative potential of aligning with the ultimate God Shape—often embodied in the figure of Jesus Christ.





Buddhism: Enlightenment under the Bodhi Tree

For Buddhists, the moment of the Buddha's Enlightenment under the Bodhi Tree epitomizes the ultimate God Moment, serving as an aspirational point for aligning with a God Shape centered around detachment and mindfulness.



Shamanism: Spirit Journeys

In Shamanistic traditions, spirit journeys represent God Moments where individuals come into direct contact with spiritual realms, providing transformative experiences that shape their alignment with particular God Shapes.

The Moment's Impact on Psychological and Emotional Landscapes

When one aligns with a specific God Shape, the subjective experience of The Moment becomes imbued with the teachings, ethics, and existential views of that God Shape, transforming both psychological and emotional states.

Cultural and Philosophical Contexts

Every culture, religion, and philosophical system provides a unique lens through which The Moment can be understood and experienced. These interpretations often serve as

guideposts, instructing individuals on how to best navigate or 'sacrifice' their experience of The Moment.

Universality and Individuality of The Moment

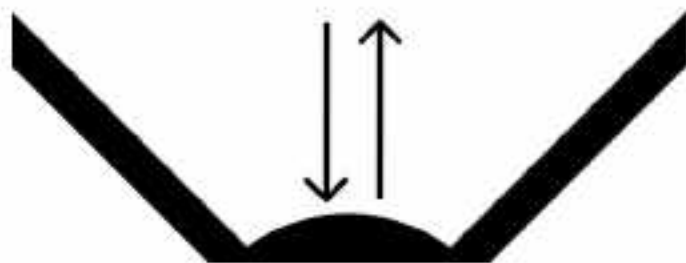
Although it operates independently, The Moment maintains a unique relationship with each individual and all things in existence. Its relevance, while universally applicable, finds varying degrees of expression depending on the individual's alignment with specific God Shapes.

The Moment and The Dynamic Evolution of God Shapes

God Shapes are static; but their interpretations are not. Their subjective interpretations evolve as individuals continually sacrifice their experience of The Moment to the frameworks associated with the God Shape in perspective. This sacrifice allows for the fluidity and adaptability of God Shapes across time and cultural landscapes.

The concept of God Shapes serves as a versatile framework for understanding the relationship between the Divine and human existence, capturing the nuances across various cultural and individual contexts as previously detailed in "The God Shape" book.

Belief System / God Place



2. Choosing Your God Shape

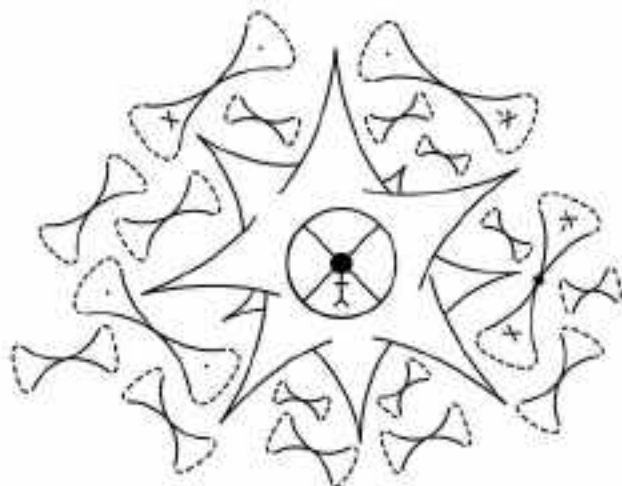
The Role of Free Will

In the intricate tapestry of life, free will is both a privilege and a challenge when it comes to choosing your personal God Shape. The choice is shaped by a confluence of conscious decisions and unconscious leanings. While your upbringing, cultural surroundings, and the societal norms you've been exposed to may guide your inclination toward a particular God Shape, the final determination is a universal exercise of free will.

Crafting a Personal God Shape

The endeavor of crafting your personal God Shape could range from simple to complex. On one end of the spectrum, it could be as uncomplicated as following your feelings in each Moment. On the other, it could involve the integration of complex religious philosophies or moral frameworks that have stood the test of time. The former gives you the freedom of perpetual fluidity, allowing your God Shape to evolve as you navigate through life's various Moments. The latter, however, provides a grounding force, tying you to a

community of like-minded individuals who share your chosen framework for engaging with The Moment.



Constraints and Limitations

While it might seem tempting to craft an entirely unique God Shape, the reality suggests caution. Much of what could be formulated has already been extensively written about and discussed in various religious and philosophical teachings. Thus, aligning or containing elements of pre-established doctrines in your personal God Shape can offer a sense of community and stability.

Fluidity vs. Static Nature

The fluidity or static nature of your personal God Shape is contingent on its inherent complexity. If the God Shape you've chosen is rooted in "doing what I feel," then its boundaries are set by the range and diversity of your emotional experiences. However, if you opt for a more structured approach, the framework is likely to remain more fixed, unless consciously revised.

Interaction with The Moment

The essence of your God Shape dictates your relationship with The Moment, shaping your alignment, actions, and ultimate objectives. The Moment serves as a platform where your God Shape comes into play, guiding your choices, actions, and interpretations.

Crafting Tools

Though crafting a unique God Shape to a specific degree may not be common, the general tendency leans toward adopting established religious or ethical paradigms, consciously or unconsciously. This often involves less explicit crafting and more a form of 'internal aligning' to existing frameworks, thereby reducing the risks associated with a purely individualistic approach.

Affinities and Dissonances

Different God Shapes come with their distinct affinities or dissonances when engaging with The Moment. For instance, a Jesus Christ God Shape focuses on sacrifice and action, urging the believer to seek the face of Jesus, to pray ceaselessly, and to help others. On the other hand, a Buddha God Shape emphasizes awareness, harmony, and alignment with The Moment, with the ultimate objective of achieving enlightenment.

Influence of Life Circumstances

While it's feasible to craft a personal God Shape, doing so without a foundational framework carries risks. It is generally more advisable to ground oneself in a tried and true doctrine, especially given that one's social environment, upbringing, and personal experiences play significant roles in shaping these views.

Multiple God Shapes

Navigating life with multiple God Shapes can result in

internal conflicts, especially when the moral directives of these God Shapes differ in their guidance for what should be done with The Moment. The friction created by these divergent frameworks can lead to a state of moral and spiritual disarray.

In conclusion, the act of choosing and/or crafting your God Shape is a complex process influenced by free will, existing frameworks, and life circumstances. Whether you choose a path of fluidity or firmness, the key lies in how well your chosen God Shape aligns with your experiences and objectives in The Moment.



3. Different Approaches to God Shapes

Understanding God Shapes requires a nuanced approach, considering they can vary greatly in their structure, principles, and effects on human behavior. To explore these differences, this section will examine the unique roles of God Heads and also discuss how manifestations and philosophies differ across various God Shapes.

God Heads and Their Unique Relationships to The Moment

The term "God Heads" refers to the pinnacle entities or principles of different religious or philosophical systems. For example, in Christianity, the Trinity—consisting of the Son, the Father, and the Holy Spirit—serves as the God Head. In Buddhism, Buddha holds this role, while in Spinoza's philosophy, Substance is considered the God Head. Essentially, these God Heads are the foundational elements upon which their respective God Shapes are constructed. The God Shape is the collection of texts and understandings that provide the logic, rationale, and reasoning for how a subject should interact with The Moment according to the

guidelines set by the God Head.

Each God Head has a unique relationship with The Moment. Consider Jesus Christ and Buddha; both had significantly different approaches to The Moment. Jesus Christ embodied a series of actions and sacrifices geared toward a greater good. Buddha, on the other hand, sought a state of harmonious awareness within The Moment, with the end goal being Nirvana. These unique relationships are not mere interpretations or filters; they are rather distinctive 'ways of being/becoming' that influence how followers should align themselves with The Moment.

How Manifestations and Views Differ Across God Shapes

Manifestations refer to the tangible and intangible outcomes that arise from following a particular God Shape. For instance, following the Christian path leads to a series of actions and thoughts centered on sacrifice and "the greater good." In contrast, the Buddhist path emphasizes a peaceful relationship with The Moment, marked by a conscious awareness of opposites, aiming for Nirvana.

These variations manifest in both thought and action and are directed by the views or philosophies behind each God Shape. While some God Shapes may instill a sense of anxiety that propels subjects toward sacrificing The Moment for a greater cause, others might cultivate a peaceful state of mind that seeks harmony within The Moment.

The manifestations can either be distinct or overlapping, depending on the God Shape in question. The philosophies and views of each God Shape significantly influence these manifestations. They form the framework that guides the subject's interaction with The Moment, shaping not just their actions but also their thought processes.



Part IV: Deviations and Consequences

1. What Happens When You Don't Align to The Moment

When one fails to align with The Moment—God's divine tool to enact His will—there is a drift towards ego-centric subjectivity. This is not a judgmental statement but an observation. The ego creates a realm of ideals, desires, and attachments that operate independently of The Moment. This divergence pulls the subject away from a pure engagement with The Moment, as they become encased in a bubble of ego-driven affections.

Karmic Implications

In the framework of The Moment, karma is not inherently 'bad' or 'good'; rather, it's the ripple effect generated by ego attachments. These ripples distort the subjective experience of The Moment, pulling the individual further away from alignment. The karmic offspring, as it were, are the

aftershocks of an action driven by ego, manifesting as disturbances in one's spiritual and emotional equilibrium. It's worth noting that karma here operates irrespective of the subject's awareness of The Moment.

Social & Personal Repercussions

The social consequences of not aligning with The Moment may vary, but it's reasonable to postulate that such deviations could result in societal alienation or spiritual estrangement. Since alignment with The Moment entails a specific tuning of one's will to a higher plane, being out of sync could lead to discord in community engagements, often manifested as misunderstandings, conflicts, or a general sense of not belonging.

Failure to align with The Moment can yield consequences that span the psychological, physical, and spiritual domains. These could include emotional unrest, existential doubt, or even physical ailments that arise from psychosomatic dissonance. For the spiritually inclined, the misalignment could lead to an internal crisis, wherein one grapples with the uncanny feeling of being spiritually adrift.

Immediate and Delayed Consequences

Misalignment can have both immediate and delayed effects, contingent on the subject's sensitivity to their spiritual state. The repercussions could manifest as an immediate sense of loss or confusion, or as a creeping sense of existential emptiness that unveils itself over time.

Reversibility of Consequences

The durability of these consequences hinges on the potency of egoic attachments. Some attachments may be so addictive or compelling that they become almost irreversible, firmly anchoring the subject in a state of divergence from The Moment.

The Role of Free Will

Free will serves as both an enabler and a stumbling block. While subjects have the autonomy to choose their guiding principles and even their ultimate Godhead, this very freedom makes them susceptible to choosing paths that veer away from alignment with The Moment.

Jesus Christ: The Paradigm of Forgiveness

Among various God Shapes, the Jesus Christ archetype is often cited as the most forgiving, offering avenues for redemption irrespective of the degree of deviation. This is rooted in the Christian doctrine of salvation, encapsulated in scriptures like John 3:16, which emphasizes God's boundless love and the potential for eternal life through belief in Jesus.

Counteracting the Repercussions

While the term 'negative' might not be applicable when discussing the repercussions of not aligning with The Moment, different modes of being do exist. One could argue that aligning with The Moment and not aligning are simply two sides of the same existential coin.

Found and Lost

One intriguing consequence of not aligning with The Moment is the peculiar state of being simultaneously "lost" and "found." While such individuals might wander away from the universality of The Moment, they often find solace in sub-communities of like-minded people, bound by similar egoic attachments and ideals.



2. The Interplay of Societal and Moral Issues with God's Will

Controversies and Contradictions

In the journey toward aligning with The Moment, one finds that society plays a significant, albeit not always beneficial, role. To put it bluntly, societal structures are not designed to facilitate an individual's alignment with The Moment. Instead, they often serve as roadblocks, diverting the individual into paths that lead them further away from this divine connection.

The societal norms we live by can be overwhelmingly contradictory to the core essence of The Moment. One might argue that only in unique communities—perhaps those of Buddhist monks or similar spiritual sects—do societal norms exist that might aid in aligning with The Moment. For the average individual immersed in mainstream culture, societal expectations more often serve as a hindrance.

One glaring example of this divergence is the modern

educational system. Far from encouraging alignment with The Moment, the trajectory from school to university to employment aims to mold individuals into roles within The System. This system promotes a future-oriented mindset, pushing individuals into a robotic cycle that stifles the very essence of The Moment.

Ethical Questions Surrounding The Moment

Ethical considerations take a complex turn when we broach the subject of The Moment. As an individual attempts to align with this divine instrument, they are essentially relinquishing any other form of relational "responsibility." In doing so, they are setting themselves up for judgment from an external societal viewpoint, which can deem them as lacking ethical awareness.

Moral relativism adds another layer to this discussion. It is not straightforward; aligning with The Moment requires one to pause and examine the contrasts in their life choices. The allocation of time spent aligning with The Moment versus engaging in societal norms or initiatives necessitates moral choices. These are moral choices that can be seen as relative to one's own personal goals or divine intentions.

Moreover, the societal constructs of 'good' and 'evil' are dimensions that The Moment transcends. One could argue that The Moment, as a divine tool, exists "Beyond Good and Evil," as Nietzsche might phrase it. The Moment serves as a facilitator for God's will, placing it above the dichotomies that humans grapple with.

It's also worth noting that one can be entirely "ethically sound" according to societal standards and yet be completely out of alignment with The Moment. In fact, one could argue that adhering strictly to societal norms could actively deter an individual from aligning with The Moment.



3. Universe as a Novelty-Producing Engine

Novelty in the Context of Deviations and Consequences

The Universe, as understood through the lens of Terrance McKenna's novelty theory, functions like an engine designed for the production and conservation of novelty. Time itself is a fluctuating entity that oscillates between states of habit and novelty. Habit, representing the entropic and conservative aspects, counters novelty, which is creative, disjunctive, and leads to progressive phenomena. The crux of this theory posits that as novelty increases, so does complexity. The new levels of complexity subsequently become platforms for further ascents into even greater complexity.

The Interplay of God's Will

The concept of a Universe perpetually churning out novelty begs the question of God's role in this grand design. If the Universe leans towards generating ever-increasing complexity and novelty, it's logical to presume that this trajectory aligns with the Divine Will. Some individuals, in

pursuit of aligning themselves with this Divine Will, actively seek experiences and engagements that are fertile grounds for the sprouting of novelty. This personal mission could manifest in various ways, from setting up deeply contemplative group discussions about spiritual topics to active evangelism sessions. Essentially, aligning one's actions to generate novelty could be seen as a way to move closer to God's Will, especially when these actions echo religious or spiritual practices, such as those laid out in the Bible.

Intentional Design

Unlike theories that might suggest the Universe's complexity is a byproduct of random events, the perspective here affirms that novelty is an intentional design by God. This not only gives weight to the importance of novelty but also brings a level of sacredness to the constant changes and complexities we observe around us.

The Human Experience of The Moment and Novelty

As we delve into the human experience of The Moment, an intriguing speculation arises. It suggests that as systemic novelty continues to escalate, aligning oneself with The Moment might become increasingly challenging or even seem 'pointless.' One way to interpret this is through the lens of the subject-System relationship. Systems equipped to deliver a continuous stream of novelty could create a faux experience of newness, diverting individuals from meaningful engagement with The Moment.

Here, it becomes crucial to distinguish between meaningful novelty and pure novelty. Meaningful novelty contributes to a greater System that promotes the health and longevity of human life, whereas pure novelty only serves the subject's craving for newness, irrespective of any higher purpose. However, the pursuit of pure novelty is often seen as less

risky than seeking meaningful novelty, as the latter demands disengagement from existing systems and attachments, thereby increasing the element of risk.

Mechanisms and Laws

While the mechanisms or laws contributing to the production of novelty on a cosmic scale remain unidentified, what's certain is the impact of alignment with or deviation from The Moment on the personal experience of novelty. A life rife with deviations could trap an individual in a loop, a closed system that resists the natural influx of new experiences and ideas.

Deviations and Their Consequences

Indeed, actions that align or deviate from The Moment do influence the level of novelty produced in one's life. A repetitive lifestyle, characterized by cyclic patterns of actions and thoughts, effectively shuts the door to meaningful novelty. In this framework, it may seem tempting to conclude that a lack of novelty could indicate a misalignment with The Moment. However, it's more complex than that. Novelty, or the lack thereof, is not a direct measure of one's alignment or misalignment with The Moment.

As for the moral and ethical implications of these deviations, especially considering the Universe's predisposition to produce novelty, the landscape remains largely undefined. Some may argue that deviating from a Universe designed to produce novelty could be considered against the Divine Will, but this remains speculative.

Conclusion

The novelty theory itself was born out of questioning the implications of actions and experiences on broader scales, and as we continue this line of thought, we may well

discover compelling evidence that further elucidates this complex relationship.

The Universe's propensity for novelty production is not just a facet of cosmic operations but a reflection of Divine Will. The choices we make, whether they align with or deviate from The Moment, impact our personal experience of this cosmic novelty. Thus, understanding the role of novelty in the grand tapestry of existence is not merely an intellectual exercise but a spiritual endeavor, beckoning us to align more closely with what may very well be the fundamental purpose of life itself.



Part V: Love and The Moment

1. Time, Focus, Energy: The Facets of Love

Love, in its deepest form, is an enigmatic emotion and state of being that has bewildered and inspired human consciousness across the ages. Yet, even in its complexity, the act and experience of love seem to share a conceptual framework comprised of Time, Focus, and Energy. While not prescriptive, these elements can be considered cornerstones in the conceptual edifice of love.

Duality of Time, Focus, Energy

Before delving into each facet, it's crucial to recognize that Time, Focus, and Energy alone do not constitute love. These are also the building blocks for hatred and various other intense human emotions. Thus, it's not just the investment of these elements that counts but the *manner* and *direction* in which they are expended that distinguishes love from other sentiments.

Time and External Alignment

Time is finite, making its allocation significant. One's external alignment dictates where time should be invested. While religious affiliations may influence this—like adherents to the Jesus GodHead focusing on discipleship—secular attachments to the System (society, ideologies, and other secular entities) offer alternative avenues for time investment.

Comparing Religious and Secular Time Investments

For example, devout Christians might choose a life path that minimizes external responsibilities to devote more time to spreading the message of Jesus. In contrast, followers of Buddhism might invest time in meditation, inner harmony, and relieving the suffering of others. Those who find their purpose through secular means might devote their time to social causes or scientific pursuits, showing that love need not be confined to religious or spiritual realms.

Focus and The Example of Jesus

The element of focus can be elucidated through Jesus, often regarded as the epitome of divine love and wisdom. His teachings provide a blueprint for what focused love could look like.

Selected Teachings of Jesus on Love:

1. "Love your neighbor as yourself."

Interpretation: Love should be universal, extending even to those not within your inner circle.

2. "Turn the other cheek."

Interpretation: Love implies forgiveness and not holding grudges.

3. "Love your enemies."

Interpretation: Love should not be limited by our biases or prejudices.

4. "Do unto others as you would have them do unto you."

Interpretation: Empathy is at the core of love.

5. ... (You can continue this list to include up to 10 quotes and interpretations).

1. "Greater love has no one than this, that someone lay down his life for his friends."

Interpretation: The ultimate form of love is self-sacrifice for the well-being of others.

2. "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."

Interpretation: Love should be innocent and pure, like the love of a child.

3. "Come to me, all who labor and are heavy laden, and I will give you rest."

Interpretation: Love offers comfort and relief from burdens.

4. "By this everyone will know that you are my disciples, if you love one another."

Interpretation: Love is the defining characteristic of spiritual and moral integrity.

5. "Forgive, and you will be forgiven."

Interpretation: Love incorporates forgiveness, extending it as well as receiving it.

6. "The good shepherd lays down his life for the sheep."

Interpretation: True love protects and nurtures, even at great personal cost.

Energy and Internal Alignment

Being in a state conducive to love also requires a certain level of internal energy alignment, which is influenced by physical, mental, and emotional well-being—collectively referred to as body affections. Imbalances, whether due to physical ailments or mental conditions, can pose a barrier to expressing or receiving love. Thus, maintaining a healthy

lifestyle facilitates this alignment.

Spectrum of Alignment and Love

It's important to understand that the alignment of Time, Focus, and Energy in the context of love isn't binary. Instead, it lies along a spectrum. Misalignment doesn't necessarily negate the presence of love, but a higher alignment could potentially facilitate a more profound experience and expression of love.

Conclusion

Time, Focus, and Energy are indispensable elements that, when aligned, pave the way for the enactment and experience of love. However, they aren't prescriptive criteria but rather components in a complex equation that varies from person to person and moment to moment. Understanding how to consciously align these facets can serve as a guide for those seeking to more fully experience and express love.



2. To Love The Moment vs Manifestations vs Emanation

In this section, we will delve into the complex, yet insightful, dimensions of love as it relates to The Moment, its manifestations, and the concept of emanating love, particularly through the paradigm set by Jesus Christ.

Loving The Moment

The act of "Loving The Moment" seems to be both a state of complete presence and an emotional response to the 'now'. This isn't about a constant state one should be in but rather one of many avenues to direct one's love. Loving The Moment, in essence, is a deposition of Time, Focus, and Energy toward the immediacy of existence, the instrument of God's will. This engagement leads to a kind of detachment from both the physical realm and mental states, instigating a condition of complete nothingness. At this point, a heightened sensitivity toward one's own subjectivity is often experienced.

All three facets — Time, Focus, and Energy — are integral and must be aligned for the act of Loving The Moment to be

fully realized. It is not a matter of hierarchy but of harmony among these facets.

Loving the Manifestations of The Moment

When we talk about "Manifestations of The Moment," we are discussing anything and everything that has come into being and can be perceived. This includes not just relationships, feelings, or events, but also the broader system and its components. Even Jesus Christ can be seen as perhaps the greatest manifestation of The Moment.

Interestingly, the act of Loving these Manifestations is executed in the same mode of action as Loving The Moment. Here too, the investment of Time, Focus, and Energy plays a significant role. The approach is universal, cutting across religious and philosophical boundaries. Whether one sees it as a celestial body, a human relationship, or a feeling, these are all Manifestations of The Moment, deserving of our love in their unique ways.

Emanating Love: The Jesus Christ Paradigm

Jesus Christ stands as the epitome of emanating love. In a life replete with examples (as discussed in the previous chapter), he had Time, Focus, and Energy perfectly deposited to make him the ultimate beacon for the emanation of love. This aspect of love is not about acting or attaching but is rather more on the receptive side of the love spectrum.

Emanating love and Loving The Moment or its manifestations are not two sides of the same coin but rather two complementary aspects. The former is about being a conduit for the divine love to flow through, whereas the latter is about purposefully directing your Time, Focus, and Energy toward specific subjects or moments. To understand this, it's crucial to delve into the teachings of Jesus and try

to "be like him," as various biblical passages suggest, such as Philippians 2:5: "Let this mind be in you, which was also in Christ Jesus."

This paradigm of emanating love is not exclusive to Christian thought; intersections can be found across various religious and spiritual philosophies. However, the example set by Jesus serves as a high standard, offering depth and breadth to our understanding of what it means to emanate love.

Quotes on Being Like Jesus:

- Romans 8:29: "For those God foreknew he also predestined to be conformed to the image of his Son."
- 1 Peter 2:21: "To this, you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps."
- Ephesians 5:1-2: "Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."
- John 13:15: "I have set you an example that you should do as I have done for you."

In conclusion, whether it's Loving The Moment, its Manifestations, or Emanating Love through a lens such as the Jesus Christ Paradigm, the underlying principles are consistent. The correct alignment and deposition of Time, Focus, and Energy can facilitate these various forms of love, each significant in its own right. The spectrum is vast, and while the objectives may differ, the quintessential goal remains the same: to engage deeply and meaningfully with the divinely orchestrated reality around us.

Suggested Reading and Resources

The synthesis of the God Shape concept and its implications in this book have been drawn from a broad range of literature and media sources. If you're interested in diving deeper into the topics discussed here, the following resources come highly recommended.

Texts

Ancient Philosophy

Aristotle:

Nicomachean Ethics

Metaphysics, Logic, Physics, Psychology, Ethics, Politics, Poetics

Plato:

The Republic and other works

Phaedo

Marcus Aurelius:

Meditations

Plotinus

Enneads

Theology and Religious Philosophy

St. Augustine:

The City Of God

The Confessions

Thomas Aquinas:

The Summa Theologica

On Being and Essence

Existentialism and Absurdism

Albert Camus:

The Myth of Sisyphus

Jean-Paul Sartre:

Existentialism is a Humanism

Søren Kierkegaard:

Fear and Trembling

German Idealism and Beyond

Friedrich Nietzsche:

The Will to Power

Thus Spoke Zarathustra

Beyond Good and Evil

The Gay Science

Human All Too Human

Ecce Homo

On The Genealogy of Morals

Martin Heidegger:

What is Called Thinking?

Arthur Schopenhauer:

Essays and Aphorisms

Kant:

Critique of Pure Reason

Modern Western Philosophy

John Stuart Mill:

On Liberty, The Subjection of Women & Utilitarianism

David Hume:

An Inquiry Concerning Human Understanding

Bertrand Russell:

The History of Western Philosophy

The Conquest of Happiness

Alfred North Whitehead, Bertrand Russel:
Principia Mathematica

Whitehead:
Process And Reality

Psychology and the Mind

Carl Jung:
Synchronicity
Modern Man In Search Of A Soul
Man and His Symbols
The Archetypes And The Collective Unconscious
Aion

Erich Neumann:
The Origins and History of Consciousness

Eastern Philosophy

Lao-Tzu:
Tao Te Ching

Alan Watts:
The Book
The Way of Zen

Science and Cosmology

Albert Einstein:
Relativity: The Special and General Theory

Isaac Newton:
The Principia

Social and Political Thought

Aleksandr Solzhenitsyn:
The Gulag Archipelago

Hannah Arendt:
The Human Condition

Pierre Teilhard de Chardin:
The Phenomenon of Man
The Future of Man

Miscellaneous

Walter Kaufmann:
Nietzsche

David Bohm:
Wholeness and the Implicate Order

John Gray:
The Ego Trick

Wasson/Hofmann/Ruck:
The Road to Eleusis

Jean Baudrillard:
Simulacra & Simulation

Steven Bancarz:
The Second Coming of a New Age

Jacques Derrida:
The Ear of the Other

Terrance McKenna:
True Hallucinations
Food of the Gods
The Invisible Landscape

Spinoza:
Ethics

David Mitchell:
Cloud Atlas

Matthew Walker:

Why We Sleep

Hofstadter:

I Am a Strange Loop

Gödel, Escher, Bach

Tom Butler-Bowdon:

50 Philosophy Classics

C.H. Waddington:

The Nature of Life

Bergson:

Creative Evolution

Perry:

Philosophy

Barry:

30 Second Philosophies

Kleinman:

Philosophy 101

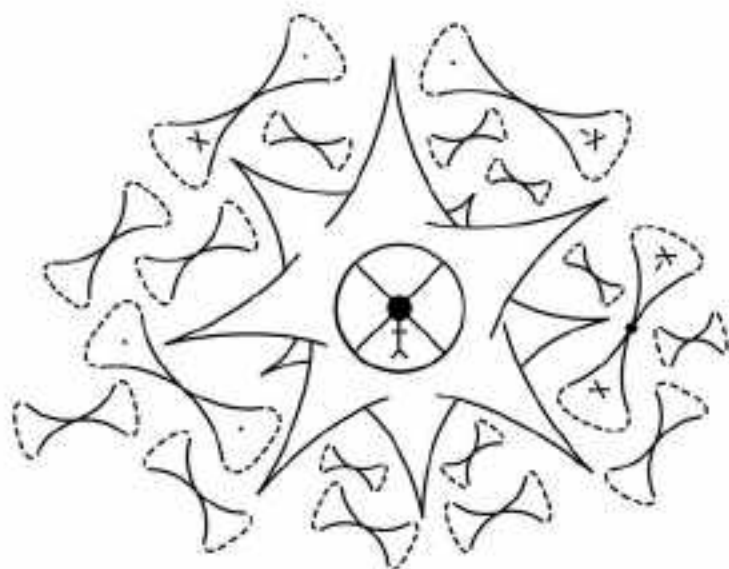
Nikola Tesla:

My Inventions and Other Writings

D.K.:

The Philosophy Book

The Bible



The website <https://www.abc123xyz.blog/> serves as a repository where I archive various thoughts and ideas that have emerged over the years, many of which are thematically aligned with the concepts discussed in this book.

This digital vault offers a deeper dive into the intricate webs of thought that have inspired and guided my writings. Feel free to browse through the articles, essays, and reflections available on the site for an expanded understanding and perhaps even a fresh perspective on the subjects tackled in the book.

